

Private Lesson Request Form

Gymnast Name: _____ **Class/Level:** _____

(If a gymnast is not enrolled in class, a registration and release form is required before the lesson)

Private Lesson Coach: _____ **Gymnast's Coach Initial:** _____

(If different from Gymnast coach, a coach's initial is required)

Date of Lesson: _____ **Time:** _____ **to** _____

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Requested Event/s: Vault: __ Bars: __ Beam: __ Floor: __

Lesson Description: _____

Private Lesson Regulations

A second adult must be present during a private lesson, or there must be two or more youths with an adult. 3-person rule prohibits one adult from being alone with one youth.

A gymnast must be current on tuition fees and coaches/team fees to be eligible for a private lesson.

Not all private lesson request will be granted.

Private lesson cannot take place the same day as regular practice during competition season.

No lesson will be granted the same weekend as the meet.

Anytime a coach is working 1-on- 1 with a gymnast, it is considered a private lesson.

Private lesson can be requested if an excused absence result in significant loss of workout time.

No private lesson will be granted without the consent of the level head coach at any time.

No Private lesson will be approved to work on higher level skills other than their current level.

Private lesson to be conducted outside regular gym classes.

of lessons will be limited per gymnast, head coach's discretion.

Minimum 24hrs notice in advance is required for a lesson.

Non-Members - Each gymnast must have a current Registration Application Form on file, which is filled out by a parent or guardian before participation in a private lesson. Annual membership must be paid before the 1st lesson.

Parents - By my signature below, I acknowledge that I have read and understand the private lesson regulations mentioned above.

Parents Signature: _____ **Date:** _____ **Contact #:** _____

Private Lesson Coach: _____ **Date:** _____

Director Signature: _____ **Date:** _____

Hannah-\$35/hr. Ashley-\$35/hr. Melissa \$25/hr.

The individual coach price DOES NOT include the \$5 gym use fee. Please attach \$5 to the form or request it be charged to your personal account